

## 9-26-2024 Memorial Regional Health Board of Trustees Meeting

### Attendance

**Board of Trustees present:** John Ponikvar; Denise Arola; Dr. Allan Reishus; Amy Updike; Steve Hilley; and Dr. Kelly Hepworth;.

**Staff present:** Julie Hanna, Brittany Johnson, Kyle Miller, Rebecca Forney, Michael Buda. Linda Couillard, Alicia Noland, Anessa Kopsa, RJ Palmer and Keith Velardo.

**Guests present:** Melody Villard, Adam Jongquist, Kara Soper, and Randy Loper.

### Call to Order

Denise Arola, Chairperson, called the meeting to order at 6:00 p.m.

### Opportunity for the Public to Address the Board

There were no requests to address the board.

### Employee Recognition - September and October Celebrants

At the meeting anniversaries in September and October were recognized. Thanks to all our long term employees. Here is the list of celebrants:

September - Christine Soron - Surgical Services - 5 Years.

September - Zack Johnson - Quality - 10 Years.

September - Danika Jost - PT - 10 Years.

September - Jessica Ryan- Lab - 10 Years.

October - Theresa Dunning - Specialty Clinic - 5 Years.

October - Gerald Myers - Cardiology - 10 Years.

October - Mary Moon - Materials - 20 Years.

### Partner Updates

#### Moffat County Commissioners

No report was given

#### City Council Representative

Randy Loper gave the city of Craig report. The city recently passed an ordinance prohibiting camping within the city. This includes allowing someone to camp an RV on private property for more than 7 consecutive days or 14 days/year. Also passed was a no

camping zone to be effective 1-1-2024. The City approved joining the Regional Transit Authority and hope to get this on the ballot in 2025 for funding. The city is also hiring an Assistant City Manager, and some of the responsibility for that position will be to assist the Building Official in inspections.

## **Agenda Review**

**MOTION 2024:83:** Moved by Amy Updike, seconded by Steve Hilley, That the Board of Trustees approve the agenda as presented. Ayes, all. Motion carried.

## **Board of Trustees Facility Visitation Report**

John Ponikvar shared details on his visit with the inpatient and retail pharmacy staffs. He expressed how fascinated he was with the difference between the two pharmacies. The hospital pharmacy staff is locked down behind bullet proof glass, interacts with medical staff, compounds scripts in a controlled environment and is on call at all times. The retail pharmacy staff interacts with a wide variety of people, talks with customers about scripts, and conducts consumer friendly medicine. Each pharmacy is important in their own way and have great value to MRH.

## **Monthly 2024 Calendar**

The board discussed the November and December meetings. Because of the holidays, November's meeting will be held on the 21st and December on the 19th.

## **Consent Agenda - Meeting Minutes**

**MOTION 2024:84:** Moved by John Ponikvar, seconded by Steve Hilley, That the Board of Trustees approve the 8-22-2024 MRH Board of Trustees Meeting Minutes; approve the 9-9-2024 MRH Board of Trustees Special Meeting Minutes; approve the 9-11-2024 MRH Board of Trustees Special Meeting Minutes; accept the 9-11-2024 Quality Steering Committee Minutes; and accept the 9-23-2024 Finance Committee Minutes. Ayes, all. Motion carried.

## **Quality and Patient Safety**

SANE stands for **Sexual Assault Nurse Examiner**. The Board heard a report from Becky Forney and Kristine Cooper on MRH's SANE program. This program has been revitalized with 4 RNs and 2 PAs providing the care having received SANE education. By providing the service here, we are able to prevent the victim having to travel to a distant facility for this post-assault care.

## MRH Financial and Statistical Report and Capital Purchase Summary

Brittany Johnson presented the August 2024 Financial Report.

**Gross revenue** for the month of August was at \$12.7m (Column A, Line 4) compared to a budget of \$12m. Prior year gross revenue was \$10m. Net Patient Revenue was \$6.6m (Column A, Line 10) for August on a budget of \$6.4m and prior year at \$4.9m.

**Expenses:** Employee Health Insurance was at \$534k for August which is high compared to the monthly average of \$389k (column A, line 17). Contract labor is at 6 current travelers (column A, line 20). Total expenses for the month were at \$6.54m (column A, line 35) compared to a budget of \$6.25m. Gain/Loss on Investment (column A, line 40)- Community Clinics loss for the month was (\$109k). (\$106k) was related to EMS, and (\$3k) related to HH&H. The net profit for August was \$256k on a budget of \$289k. YTD we have a net profit of \$2.76m. Prior YTD was at a net loss of (\$424k).

**Operating cash** for the month is at \$5.2m (column A, line 1) which is up from prior month at \$4.8m. We also have \$1m in investments (Column A, Line 2) with LPL Financial. We received Interim Rate adjustments from both Medicare and Medicaid which resulted in a receivable of \$560k. Under Limited Use Assets (column A, line 18), we have \$3.4m reserved for future cost reports. On column A, line 19 we have \$3.4m that we have self-reserved for future capital purchases.

**Days in AR** is at 69 days for August.

**Days cash on hand** is at 32.5 days, which is up from prior month of 30.2 days. We also have 35.5 additional days of cash on hand in self-restricted accounts for a total of 68 days.

## Projects and Capital Purchases as recommended by the Finance Committee

**Cardiopulmonary Remote O2 Control for Sleep Lab.** Anessa Kopsa presented this request which was budgeted at \$17,325.00, but came in slightly over at \$18,350.00. Two vendor quotes were received. This project will add to the existing oxygen lines to drop them down at the nurse's station in the sleep lab. The remote controller will be added to allow oxygen from both rooms to be controlled by the sleep tech. Not having to open the door and go into the patient's room and possibly waking them helps the accuracy of the sleep study test. The Finance Committee recommended the request be forwarded to the Board of Trustees.

**MOTION 2024:8:** Moved by Amy Updike, seconded by John Ponikvar, That the Board of Trustees approve the Cardiopulmonary remote O2 control for the Sleep Lab at a cost of \$18,350.00 from O2 Plumbing, Inc. Ayes, all. Motion carried. Motion carried.

**IT Network Switches Replacement.** Keith Velardo presented this request which was budgeted at \$61,101.60 but came in slightly over at \$61,161.21. Our network switches are end of life next year and we have partnered with ANM Solutions to redesign the network topology in order to manage it more appropriately. The switches are 9 of the 41 switches in total to be purchased. The remaining switches will be purchased early next year. This is a single vendor item. The Finance Committee recommended the request be forwarded to the Board of Trustees.

**MOTION 2024:86:** Moved by Steve Hilley, seconded by Amy Updike, That the Board of Trustees approve the IT Secure Network Switches Replacement at a cost of \$61,161.21 from Data Center Warehouse. Ayes, all. Motion carried.

**IT Secure Network Backup Solution.** Keith Velardo presented this request which was not budgeted for 2024 but is necessary because MRH does not have a solid offsite backup solution to protect us against a cyberattack. This solution will store and protect the data in a secure location onsite and in the cloud. The amount is \$191,625.00 for the first year extending to \$231,625 for the entire project. A secondary quote was received and is higher. Our current immutable backup strategy utilizes two retired servers that we bulked up and installed on the third floor of the MOB. These servers are offline all the time, except during the process where the backups are being migrated. From our backup solution (Quest App Assure) we have to export each server one at a time to one of the two servers. This process is completely manual and takes about 3 weeks to complete. Because of the time taken we only perform this every four months. In the event of a cyberattack we would be able to restore from these backups, but it again would be a slow process, and depending on where we are in the rotation, the server could be months old. The Finance Committee recommended the request be forwarded to the Board of Trustees.

**MOTION 2024:87:** Moved by Dr. Kelly Hepworth, seconded by Amy Updike, That the Board of Trustees approve the IT Secure Network Backup Solution at a cost of \$231,625 from Data Center Warehouse. Ayes, all. Motion carried.

**IT Wireless Access Point Implementation and Updated Network Infrastructure**

**Deployment.** Keith Velardo presented this procurement. It was not budgeted. Investing \$9,500 in support for our wireless access points (WAPs) is essential for resolving critical network compatibility issues and ensuring a successful deployment. Despite our previous efforts with vendors like Cisco and Meraki, our existing network infrastructure has legacy configurations that prevent seamless communication across devices. ANM Solutions has designed a comprehensive new network architecture, but implementing this plan requires the expertise of a certified Cisco Engineer. The cost will cover three days of hands-on support, enabling us to properly configure the network and activate the initial five WAPs. This investment will not only stabilize our network but also empower our team to independently deploy the remaining 85 WAPs, ultimately enhancing connectivity and productivity across the organization. The Finance Committee recommended the request be forwarded to the Board of Trustees.

**MOTION 2024:88:** Moved by Amy Updike, Seconded by Dr. Allan Reishus, That the Board of Trustees approve the Wireless Access Point Implementation and Updated Network Infrastructure Deployment with AMN at a cost of \$9,500. Ayes, all. Motion carried.

**Radiology Dose Tracking System.** Alicia Noland presented this request which was budgeted at \$34,524.00 but came in slightly under at \$32,344.00 including annual subscription of \$7,000. This is a software program to replace the manual process of pulling accurate reports for quality, safety and patient monitoring regarding radiation doses. It ties all of our radiology equipment together. This is a requirement to have standardized methods for ACR and radiation safety rule changes that go live 1/2025. The Finance Committee recommended the request be forwarded to the Board of Trustees.

**MOTION 2024:89:** Moved by Dr. Alan Reishus, seconded by Amy Updike, That the Board of Trustees approve the Radiology Dose Tracking System at a cost of \$32,344.00 from Siemens. Ayes, all. Motion carried.

**Surgical Services Spine Bone Mill Upgrade.** RJ Palmer and Becky Forney presented this request which was budgeted at \$39,000 but came in slightly under at \$30,619.89. This equipment is used by Dr. Sielatycki for all his fusion surgeries. MRH's current mills will no longer be supported past November 2024. Stryker discontinued making the disposables for it which forces us to upgrade. This is a single vendor request. The Finance Committee

recommended the procurement be forwarded to the Board of Trustees. RJ brought the instrument to the meeting to show the members how it works.

**MOTION 2024:90:** Moved by Steve Hilley, seconded by Amy Updike, That the Board of Trustees approve the Spine Bone Mill Upgrade from Stryker at a cost of \$30,619.89. Ayes, all. Motion carried.

### **Consent Agenda - Medical Staff Privileges**

Dr. Jeffrey Womble presented the medical staff privileges.

**MOTION 2024:98:** Moved by Dr. Allan Reishus, seconded by Steve Hilley, That the Board of Trustees approve the medical staff privileges as reviewed and recommended by the Credentials Committee and approved by the Medical Executive Committee:

#### **The following files are presented to the Board of Trustees for Provisional Staff appointment:**

- Ethan Munzinger, MD – Cardiology. The committees reviewed and approved the application and file for Dr. Munzinger and they recommend his appointment to the provisional staff of The Memorial Hospital at Craig for a term of one year.
- Simon Izaguirre, MD – Tele-Neurology (proxy). The committees reviewed and approved the application and file for Dr. Izaguirre and they recommend his appointment to the provisional staff of The Memorial Hospital at Craig for a term of one year.

#### **The following files are presented to the Board of Trustees for Advancement of privileges:**

- Tatum Tyler, CRNA – Certified Registered Nurse Anesthetist. The committees reviewed and approved the application and file for Ms. Tyler and they recommend her appointment to the Non-Physician Provider Staff of The Memorial Hospital at Craig for a term of two years.
- Tara Ziegler, CRNA – Certified Registered Nurse Anesthetist. The committees reviewed and approved the application and file for Ms. Ziegler and they recommend her appointment to the Non-Physician Provider Staff of The Memorial Hospital at Craig for a term of two years.

#### **The following files are presented to the Board of Trustees for Reappointment of privileges:**

- Venkata Diddi, MD – Tele-Psychiatry (proxy). The committees reviewed and approved the application and file for Dr. Diddi and they recommend his reappointment to the Tele-Medicine Staff of The Memorial Hospital at Craig for a term of three years.

- Ira Chang, MD – Tele-Neurology (proxy). The committees reviewed and approved the application and file for Dr. Chang and they recommend his reappointment to the Tele-Medicine Staff of The Memorial Hospital at Craig for a term of three years.
  - Carleton Allen, MD – Tele-Radiology (proxy). The committees reviewed and approved the application and file for Dr. Allen and they recommend his reappointment to the Tele-Medicine Staff of The Memorial Hospital at Craig for a term of three years.
  - Vibhu Kapoor, MD – Tele-Radiology (proxy). The committees reviewed and approved the application and file for Dr. Kapoor and they recommend his reappointment to the Tele-Medicine Staff of The Memorial Hospital at Craig for a term of three years.
  - Todd Lempert, MD – Tele-Radiology (proxy). The committees reviewed and approved the application and file for Dr. Lempert and they recommend his reappointment to the Tele-Medicine Staff of The Memorial Hospital at Craig for a term of three years.
- Ayes , all. Motion carried.

## Old Business

Colorado End of Life Options Act 2024. This topic has been discussed at a previous board meeting. This policy passed in 2017 and prohibited MRH qualified providers from participating in End of Life Services. By rescinding the policy, qualified providers have the option to provide these services if they choose to do so.

**MOTION 2024:99:** Moved by Dr. Alan Reishus, seconded by John Ponikvar, That the MRH Colorado End of Life Options Act policy be rescinded. Ayes, all. Motion carried.

## New Business

There was no new business.

## Reports

There were no reports.

## Adjourn

There being no further business, the meeting was adjourned at 7:04 p.m.

**Respectfully submitted:** Julie Hanna, Executive Assistant to the CEO and Board of Trustees