

Meet Our New Provider

Welcome, **Trey Gorham,** Nurse Anesthetist and Pain Specialist!

Memorial Regional Health has been fortunate to have Trey Gorham on staff as a Certified Registered Nurse Anesthetist since 2017. But more recently, in 2023, he also took on the leadership role in the MRH Pain Management Program, which helps area patients find long-lasting relief from acute or chronic pain.

Gorham is a Craig native. After completing nursing school in Louisiana, he started his healthcare career as a cardiac nurse. From the beginning, though, he had his sights set on becoming a CRNA. He earned his Doctor of Nursing Practice from the Nurse Anesthesia Program at Louisiana State University in 2016.

“I worked as a CRNA for a big hospital in Baton Rouge for a year before coming back to Craig,” Gorham said. “I was on the cardiothoracic team, where we saw lots of big cases, such as open-heart surgery. It was great experience.”

After practicing in Craig for a few years, Gorham saw the need for more pain-management expertise at MRH. And naturally, anesthesia and pain management are complementary disciplines. “I decided to get further training,” he said. He completed a Pain Fellowship program at the University of South Florida and did his hands-on training for that certification at Metamorphosis Pain Clinic in Cañon City and Colorado Springs. As of January 2024, he is also board-certified in non-surgical pain management.

Today Gorham and his new MRH colleague Alfred Maina—who attended the same fellowship program and also practiced at Metamorphosis—work together to provide state-of-the-art anesthesia and pain-management care to MRH patients.

“Alfred and I are looking forward to growing the pain-management program and adding more services,” Gorham said. “We already offer a lot of treatment types that are typically not found in rural health centers, such as platelet-rich plasma injections and radiofrequency ablation. Pain management is a critical service line for many of our community members.”

Gorham and his wife, Kelly, are parents to two girls and a boy ranging in age from 7 to 12. Kelly, who’s from New Orleans, teaches English Language Arts at Craig Middle School. In addition to their careers, the Gorhams have lots of kid activities that keep them busy. Kelly is a hip-hop dance instructor on the side, and Gorham enjoys working out and spending time outdoors. In their rare free time, the family likes to explore Colorado destinations and travel somewhere warm in the winter.



Trey and his wife, Kelly



The Gorham Family



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