

Get to Know Lindsey Harr, PA-C MEDICAL CLINIC

Memorial Regional Health welcomes Physician Assistant Lindsey Harr as a new primary-care provider on the MRH Medical Clinic team. As a family medicine PA, Harr provides preventive care, acute care and chronic-disease management to people of all ages.

What is your background as a PA?

I have been a PA since 2019, which is when I graduated from the University of Colorado PA program. I worked for Salud Family Health in Brighton, Colorado, for three years before coming to Craig.

What do you enjoy about being a family medicine PA?

I really enjoy helping people live better lives according to their goals. And I love getting to know the whole family across generations. This helps me deliver the best possible care—care people trust.

What's something unique you bring to MRH?

I'm a native English speaker, but I'm also fluent in Spanish. At my Brighton practice, I delivered care in Spanish to about half of my patients. I grew up near Tulsa, and I minored in Spanish as an undergrad at Oklahoma State. After that I developed my language skills in PA school during student rotations at a clinic in Guatemala.

Why did you come to Craig?

My husband is an operating room nurse, and while we both love our careers, we wanted to be somewhere outside the city. We're looking forward to slowing down in general.

What are your hobbies outside of work?

We love being outdoors and are really looking forward to skiing, hiking, and camping in northwest Colorado. Our dog, Summit, likes to hike and camp with us.



Lindsey with her husband, Nate,
and dog, Summit.



750 Hospital Loop ■ Craig

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