

## Fellowship-trained Surgeon Heads up New Orthopaedic Center

The Memorial Hospital is stepping out to deliver a new level of orthopaedic service to the region. Dr. Kevin Borchard is joining the surgical team at The Memorial Hospital. Recently, Dr. Borchard completed a Fellowship in Adult Reconstructive Surgery, an exceptional achievement that only a handful of orthopaedic surgeons can claim. He'll be the first surgeon in the region with this level of expertise in total joint replacements.

This specialized training allows him to perform both standard and complex joint surgeries and revisions for the hips, knees and shoulders. We are lucky to have him and happy to offer you this sought-after level of care.

“During my fellowship training in Adult Reconstructive Surgery from the New England Baptist Hospital, I learned the skills to provide the best results for patients with the least pain and shortest recovery times possible. The training allowed me to complete over 900 complex cases with world-renowned surgeons who are experts in musculoskeletal diseases and disorders,” says Dr. Kevin Borchard.

Orthopaedics is a very diverse specialty, and fellowships allow surgeons to gain a high level of proficiency in a specific area. It's extra training beyond residency.

### Minimally Invasive Approach

With joint replacement surgery, a minimally invasive method is best as it offers less pain and a faster recovery. The Northwest Colorado Orthopaedic & Total Joint Center, a combined program between The Memorial Hospital and

*continued on page 3*



Dr. Kevin Borchard



northwest colorado  
orthopaedic &  
total joint center

THE MEMORIAL HOSPITAL AT CRAIG

### Meet Dr. Borchard!

Community Presentation - Total Joint Replacement Options - Hips and Knees

August 25th

6:00 - 7:00 p.m.

TMH Conference Rooms

Refreshments will be served.

## Update from the CEO

In the next few months, you will see significant changes happening at The Memorial Hospital



John Rossfeld, CEO

Medical Clinic. Next month, our Clinic will convert to a new patient medical record system - AthenaHealth.

As a patient, you should anticipate a little paperwork at first. We will be asking you to update your demographics and insurance information to make sure our information is accurate. We will also ask how you like to receive communication - email, phone or text, so we can tailor our messages to suit your preferences. This process lets you access your health information electronically through the patient portal in AthenaHealth.

Your Clinic bills will look different, too. AthenaHealth will be sending out the bills. However, if you have questions or would like to make a payment in person, you can always speak directly to our staff.

As always, we look forward to hearing what you think. Our staff and providers at the Clinic are dedicated to making sure that TMH is your CHOICE for healthcare.

# Care Snapshots

## Gerry Pritchard

*“I choose TMH because they give me hope and help make miracles happen.”*

Gerry Pritchard came to The Memorial Hospital seeking a second chance. In September 2014 he was diagnosed with widespread metastatic malignant melanoma and was told by another provider to contact hospice since there was nothing else they could do for him. He decided he wasn't ready to give up. Doctors at TMH told him they'd do whatever they could to help. Gerry received care in the hospital and from doctors at TMH Medical Clinic. He's made miraculous progress in 2015.



## The Scranton Family

*“The community made a sacrifice to fund the hospital so we should all use it, especially because they provide quality care.”*

With four teenage boys the Scranton family has used The Memorial Hospital and TMH Medical Clinic regularly over the years. In addition to regular doctor visits, the Scranton family has received care for a damaged ACL and other orthopaedic needs, and an appendectomy. Of the appendectomy, Lance says “General surgeon Dr. Womble did an outstanding job and treated our son as if he was his own.”

## Lane Gonzales

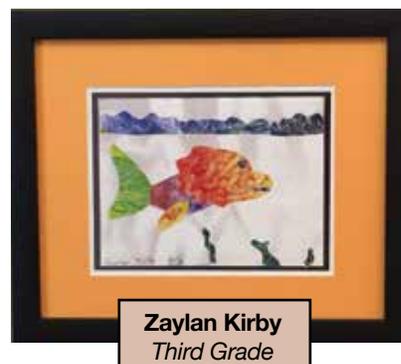
*“It's reassuring to know Marshall Kraker, TMH's Certified Athletic Trainer, is on the sidelines at every game if I need him again.”*

Last football season ended abruptly for Lane Gonzales. At the end of a play Lane took a low hit to his leg from the side. He heard a pop and felt pain in his left knee—was it a torn ACL? Lane consulted with Marshall Kraker, TMH's Certified Athletic Trainer who advised him to get diagnostic tests. Sure enough, it was a torn ACL. Lane had surgery and rehab at TMH. He became close with his physical therapist who Lane felt took his recovery very seriously yet made therapy fun.

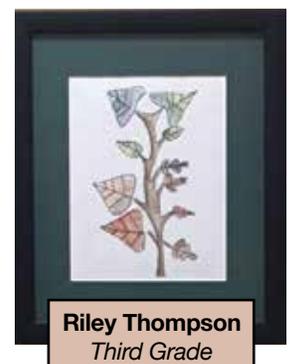


# Student Art Fills Halls at TMH

The Memorial Hospital has teamed up with Moffat County School District to showcase the artistic talents of students from preschool through 12th grade. Student art is currently on display at the hospital in the radiology waiting area, the main hallway to the patient rooms, and the emergency department lobby. Artwork is also on display at the Rehabilitation Department in the Centennial Mall and the main lobby and pediatric lobby at TMH Medical Clinic. The art will rotate quarterly.



**Zaylan Kirby**  
Third Grade



**Riley Thompson**  
Third Grade

# Fellowship-trained Surgeon Heads up New Orthopaedic Center *continued*

Pioneers Medical Center, will be headed up by Dr. Borchard and will offer minimally invasive techniques.

Dr. Borchard has mastered the superior or SuperPath™ approach, a hip replacement surgery that's quickly gaining attention.

"Of the current hip approaches I feel the SuperPath™ technique is the least invasive and offers lower complication risk and a recovery that's much quicker than the traditional approach. It's common for many patients to walk out of the hospital the next day," he states.

Dr. Borchard has used many different techniques to perform knee surgeries and believes the gap balancing technique is the best technique for giving patients a reliable and more natural-feeling knee replacement. In addition, he uses a subvastus approach to the knee which is minimally invasive and avoids cutting the large quadriceps tendon.

"This approach has been shown to have a more rapid recovery, better pain scores, less blood loss and better knee range-of-motion at one year when compared to more traditional approaches," Borchard says.

## **When Joint Surgery is Needed**

According to the Centers for Disease Control, 1 in 2 people may develop painful knee joints by age 85 and 1 in 4 people may develop painful hip arthritis in their lifetime.

Signs that a hip or knee joint is wearing out include aching followed by periods of relief, pain after use, stiffness after rest, disturbed sleep and an increase of discomfort when the weather is humid.

"The cartilage in our joints is like tread on a tire that wears out over time. There's no good way to replace the cartilage so once it wears out we first try non-surgical techniques such as weight loss, low impact exercises, pain medicines and physical therapy," Borchard stated.

Dr. Borchard was raised in Meeker and is happy to return to the region with his wife and two young boys, Xander and Tristan.

"Throughout my career, I always looked forward to getting back to a smaller town but I never imagined it would work out to return to the Meeker/Craig area. I loved growing up in the area and now my boys can experience that," he states.

Dr. Borchard started seeing patients in mid August. If you are experiencing hip, knee or shoulder pain it may be time to consider surgery or to explore other care options. Call 970-824-2450 to schedule a consult appointment.



## **About Dr. Borchard**

Director of Northwest Colorado  
Orthopaedic & Total Joint Center

Completed Total Joint Fellowship  
in Adult Reconstructive Surgery  
*Trained in the latest total joint  
surgery techniques*

Graduate of University of  
Colorado School of Medicine  
*Received honors & awards in  
medical school*

Separated from US Air Force as  
Major after 9 years of service  
*Awarded Meritorious Service  
Medal from US Air Force*

Raised in Meeker, along with wife  
Hanna  
*Father of two boys, Tristan (4)  
and Xander (2)*



the memorial hospital  
at craig

750 Hospital Loop  
Craig, CO 81625  
(970) 824-9411

[thememorialhospital.com](http://thememorialhospital.com)

PRSR STD  
ECRWSS  
U.S. POSTAGE  
**PAID**  
EDDM RETAIL

\*\*\*\*\*ECRWSEDDM\*\*\*\*

PO Box Holder  
Craig, CO 81626

## Upcoming Events

### August - All Month

**CMS and MCHS**

**Sports Physicals - \$15**

**TMH Medical Clinic**

**785 Russell Street**

If your student is planning to play sports in middle school or high school, a current sports physical is required. Call to schedule an appointment today. If your student is under 18, a parent must be present to sign the consent forms.



### August 19

**Immunization Clinic**

**5:00 - 7:00 p.m.**

**TMH Medical Clinic**

**785 Russell Street**

This clinic is for incoming kindergartners and incoming 6th graders. Now's the chance to get your kids' immunizations up-to-date. Providers from TMH Medical Clinic will be available to review schedules and give immunizations. Please bring insurance information, if applicable. Your child's immunization record is REQUIRED.

### September 10

**Medicare 101**

**12:00 p.m. and 5:00 p.m.**

**Memorial Hospital Conference Rooms**

This presentation will cover: who can get Medicare; Medicare Parts A, B, C, and D; What Medicare Supplements are available; Low-income options; Open enrollment for prescription plans; and Medicare fraud.

### SAVE THE DATE - October 3

**2nd Annual Glow Run/Walk 5k**



Come get your glow on and support a good cause during our second annual event! Times to be announced.

### November 10

**What to Expect Birth Center Tour 6-7:30 p.m.**

Join us and learn more about what to expect when giving birth and tour our birthing center. For more, contact the Concierge at 970-824-9411. Visit our website to view our What to Expect videos.

