

## Advanced Orthopaedic Center Coming to TMH



Dr. Kevin Borchard

Leaders of The Memorial Hospital couldn't be happier to announce a new orthopaedic program coming your way, complete with sought-after expert care providers.

Dr. Kevin Borchard is completing his fellowship training in Adult Reconstructive Surgery at New England Baptist Hospital, the premier regional provider for orthopedic surgery and the treatment of musculoskeletal diseases and disorders.

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## TMH Acquires New Mammography Machine with Advanced Technology

One in eight women in the United States will be diagnosed with breast cancer in her lifetime, and that's why TMH invested in the best technology available. In March, TMH installed the new Siemens Inspiration Prime mammography machine. This new machine offers high quality, digital images with up to a 30% lower dose of radiation. All this combined equals added comfort, more efficiency and, often, a lower dose of radiation. An added benefit: the new mammography machine is ready for 3-D technology as soon as it becomes available.



Nurse Navigator Jackie Smith, RN,  
Mammography Technologists Christine Winn  
and Melissa Goldsmith

The staff and physicians at The Memorial Hospital are already seeing positive outcomes. The image quality is superior to those done on older mammography units, and appointment times are shorter.

Call TMH Scheduling at 826-3150 if your doctor says you're due for a mammogram. If you don't have insurance, TMH offers financial assistance; call the TMH Financial Counselor at 826-3025 for more information.



Come for a light snack and stay for an open discussion about important health issues facing women

today. The TMH OB/GYN physicians are happy to sit down with women and have a conversation during TMH's Women's Health Series this June. Upcoming events include:

### Healthcare Screenings for Women

Wednesday, June 3, 5:30 pm

Dr. James Summers will discuss recommended screening tests for women and what you need to know about when to get care. Bring questions.

### Solutions to Abnormal Bleeding

Wednesday, June 10, 5:30 pm

Dr. Scott Ellis will outline treatment options and help women explore what approach to menorrhagia (heavy menstrual bleeding) is best for them.

**Where:** Downtown Books  
543 Yampa Ave., Craig, CO

Light snacks and beverages will be provided. To RSVP and for more information, contact Jennifer Riley at 826-3109.

# TMH Partners with Swedish to offer Telestroke Services

With stroke, timing is everything. Getting care fast can make the difference between a mild disability and a major loss of function. That's why TMH has teamed up with one of the top telestroke programs in the state. Stroke-trained neurologists with HealthONE and Swedish Medical Center are available 24/7 to patients who are suspected of having a stroke. The fact that the expert is talking to patients and families via robotic equipment hardly matters.

"It's a smooth process. The stroke specialist at Swedish controls the robot so he or she can truly examine the patient, and can even do an eye exam to look for stroke signs. The high-definition audio-visual component is really clear," says Dr. Tinh Huyn, Emergency Medicine physician with TMH.

Dr. Huyn lists several benefits to the new telestroke program—including 24/7 access to a team of stroke specialists, expert diagnoses, less need for transferring patients to

other hospitals, and most importantly, quicker care.

The quicker a patient can receive clot-busting medicine or another treatment, the better the outcome. Neurologists in the telemedicine program typically call back within five minutes.

"The neurologist examines the patient and collaborates with local doctors on the best treatment, including, when applicable, administration of t-PA," says Natalie Walker, Telemedicine Operations Manager with HealthONE.



There are two types of stroke, ischemic and hemorrhagic, and both demand different treatment. Ischemic stroke is sometimes referred to as a 'heart attack in the brain.' Like with heart attacks, a blood clot blocks oxygen to a vital organ. With ischemic stroke, blood clots occur in the brain and the longer a patient goes without treatment the more damage there is to the brain. According to Walker, "the stroke mantra is 'Time is Brain.'"

"With reduced blood flow, tissue starts dying, so the quicker we can break up a clot or treat bleeding in the brain the more brain tissue we can potentially save," Huyn adds.

Clot dissolving medication known as thrombolytics (e.g. t-PA) is used to treat ischemic stroke, but not hemorrhagic stroke which involves bleeding in the brain.

It has become fairly common for outlying hospitals to rely on neurologists at a certified comprehensive stroke center for stroke diagnoses. It makes sense. Patients get expert care quickly and close at home. TMH sees several

stroke patients every year.

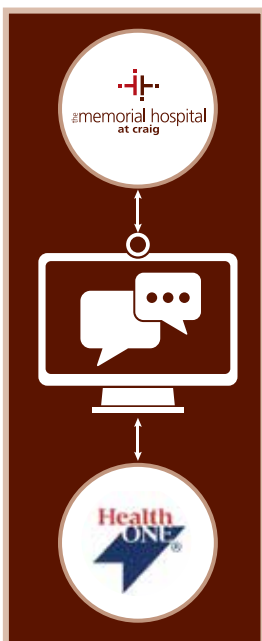
If you notice changes in...

**F** Face  
**A** Arm  
**S** Speech  
**T** Time

*Call 911 at any sign of stroke*

*"We are excited to provide the best, most up-to-date care to our critically ill patients in Northwest Colorado," states John Rossfeld, CEO at The Memorial Hospital.*

The telestroke program began on May 5. It is just one more way TMH has geared up to best serve our community.



# Advanced Orthopaedic Center Coming to TMH *continued*

To date, Dr. Borchard has completed over 700 joint replacement surgeries, including primary hip and knee, revision hip, knee and shoulder surgeries. He brings unmatched expertise to the region. He will head up a comprehensive orthopaedic program at TMH with pre- and post-surgical care.

What's great is that he grew up in Meeker and is happy to return to the area and to be back home. Dr. Borchard is set to arrive in late August.

Add to this, another stroke of good luck. The Memorial Hospital recently hired Tom Doty, a physician assistant with years of specialized training and experience in orthopaedics. Tom is currently treating patients at TMH with orthopaedic needs and is well-versed in serving as the right-hand man during orthopaedic surgeries.

"We'll work together very well to provide a wide variety of surgical and nonsurgical services—something not many hospitals this size can offer. Dr. Borchard comes with great credentials and I can offer the experienced co-pilot position that's required. The hospital has done an



Tom Doty, PA

excellent job acquiring a first-class orthopaedic service," says Doty.

What's special about Dr. Borchard's training is that, in addition to expertise in general orthopaedic procedures, it allows him to perform more complicated repairs and revisions to prior hip and knee surgeries and joint replacements.

"I enjoy honing in on a problem that's causing someone significant pain or disability and make them feel better. Most people strive to be as active as they can yet pain can stop them. It's satisfying to help them get back to activities they enjoy," Borchard states.

All current services will continue, with enhancements

in prehab and rehab services. Doctors Sisk, Sauerbrey, Bomberg and Meininger are still on staff at TMH, seeing patients in Craig and performing surgery at TMH.



northwest colorado  
orthopaedic &  
total joint center

THE MEMORIAL HOSPITAL AT CRAIG

## Kudos from a PT Patient

"I started having headaches that would begin in my neck and continue into my head and around my eyes and temples. Over time they became debilitating and made it hard to do my job at TMH. I went to see Maggie Anderson, PA at TMH Medical Clinic and after ruling out a sinus and ear infection she referred me for physical therapy with Luke Geer at TMH Rehab."

"I got relief the first day I saw him! He said the muscles and joints in my neck were really stiff and he did manual therapy. He really got in there and it wasn't exactly pleasant, but he explained everything he was going to do ahead of time. It immediately released the tension and pain! When I left I was so thankful. I didn't hurt and I could turn my neck. I saw him three times and each time it improved. He gave me exercises to do with a foam roll and he made me a pressure point relief tool out of racquetballs to loosen up my spine muscles. He also did McConnell taping that I wore three days to retrain my muscles and better my posture. I faithfully do my exercises, and I haven't had a headache for a long time. I can't say enough good things about Luke. He is so knowledgeable and passionate about what he does. He really knows how to pinpoint the issue and find a solution. TMH is lucky to have him!"



Luke Geer, PT, DPT,  
TMH Rehabilitation Center Manager



the memorial hospital  
at craig

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[www.thememorialhospital.com](http://www.thememorialhospital.com)

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## Upcoming Events

**May 27**

**CMS and MCHS**

**Sports Physicals - \$15**

**5-7:00 p.m.**

**TMH Medical Clinic**

**785 Russell Street**

For more info and to download  
a consent form for your student  
athlete, visit  
[thememorialhospital.com/  
community](http://thememorialhospital.com/community)



**June 3 & June 10**

**Women's Health Series**

(see front cover for details)

**5:30 p.m.**

Downtown Books, 543 Yampa Ave., Craig, CO

**Late Summer**

**Opening of the Northwest Colorado**

**Orthopaedic and Total Joint Center**

**785 Russell Street**

This new orthopaedic program will provide  
comprehensive care, focusing not only on excellent  
surgical results, but creating specific prehab and  
rehab programs for patients to better their chances  
for success.

**June 7**

**Steamboat Marathon**

**Steamboat Springs**

TMH is a proud sponsor of the  
Steamboat Marathon!

We wish all runners a safe and  
pleasant event.

## Hablo Espanol?

NOSOTROS TAMBIÉN!

Busca una nueva médica? La Dra. Elise  
Sullivan y nuestra Physician Assistants Maggie  
Anderson y Arben Vuthi, hablan español y  
esperan poder servirles en la clínica TMH.



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